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SUTURE

NEWSLETTER OF THE COLLEGE OF SURGEONS OF SRI LANKA

"Binding Surgeons Together"



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Sessions at a glimpse

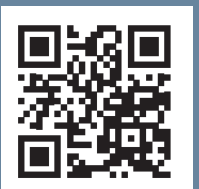
SLSC '22

Remembering Dr Ganesaratnam Page



THE COLLEGE OF SURGEONS OF SRI LANKA

No. 6, Independence Avenue, Colombo 07
Tel : 011 2682290/ Email: collsurg@gmail.com, Website : www.surgeons.lk
SUTURE Editors : Dulantha De Silva & Gayan Ekanayake



**SRI LANKA
SURGICAL CONGRESS
2023**

14 - 16 September 2023

Reserve your dates

Message from the Hon Prime Minister of Bhutan



At the very outset I would like to convey warm greetings from my King and people of Bhutan to all the people of Sri Lanka. Your theme for this year spoke my heart out on how professional we should be and how compassionate we should be. This reminds me of my active days in the hospital when I used to travel all around the country. While I was traveling around, most of the places did not have motorable roads so I was taking GI endoscopy sets, the surgery sets on our bags on horseback. We did all sorts of surgery with lot of compassion. I would like to thank Doctor Satish for bringing my feelings out for the forum here and I would like to also thank you and your team for inviting me for this gathering.

I was going through the topics that you are going to deliberate for three days. I really wish if I could have participated as a participant. While going through I was taken through very academic topics from robotic surgeries to cancer management also surgeons

talks on compassion. I was very excited to see the topic “role of women in surgery” .

I would share a little bit about what we do from health aspect in Bhutan. Many of you probably will know that we have free healthcare system in our country and free education which are His Majesty the king always has insisted. Bhutanese people benefited from it during the pandemic for last 2 1/2 years. People of Bhutan benefited because we had a good network of primary healthcare system, excellent primary healthcare coverage with immunization system in the country. COVID-19 vaccination could easily take place in every remote corner of the country. we managed to vaccinate almost 95% of the eligible population within a week. that was in early 2020 when we went with the first round of COVID vaccination.

However, we also have realized the weaknesses in our system where easy accessibility of primary healthcare alone concerned.

We had an acute shortage of specialist care and acute shortage of secondary and tertiary healthcare systems. We are trying to go back into the lessons we have learned and see what are the things we must put in place. we are now into building a state-of-the-art isolation center. Furthermore, we are coming up with a dedicated infectious disease hospital. We would also like to build a professional team of infectious diseases (ID team). these are little measures that we have taken or lessons that we have learned.

When I was working in the hospital as a very active surgeon, I realized that doing it all by yourself professionally and compassion alone was not enough. there are lots of deficiencies in our system and all those could be corrected only through changing our policies.



Message from the Hon Prime Minister of Bhutan



I was telling the Bhutanese people that I had been operating with my surgical scalpel, but I really wanted to operate the whole country and correct the policies with the pen. Bhutanese people gave me the mandate to operate the country with pen. I started my tenure with initiating a health clinic flagship program in the country. This was primarily targeting 3 common cancers in the in the country. Those were stomach cancer, cervical cancer and breast. For these three cancers we had an elaborate program of reaching every household for doing a mass Helicobacter pylori screening through stool antigen. For cervical cancer, we had widespread pap smear campaign in all parts of the country. All HPV positives who were screened are being followed up. We had almost 100% coverage of HPV vaccine for all eligible girls and during the peak of the pandemic that was 2020 we could also initiate an HPV vaccination

for the boys. We will eradicate cervical cancer by 2030 and we are very much on tract for achieving it. These programs have been valued and recognized by world bodies.

Similarly, I am pleased with the impressive line up and hope to virtually participate in some of them. I wish you a very successful conference.



Message from the Hon Prime Minister of Bhutan

Lotay Tshering



Lotay Tshering^[3] (Dzongkha: ལོ་ཤར་ཅེ་ལེང་; born 10 May 1969) is a Bhutanese politician and surgeon^[4] who is the current [Prime Minister](#) of [Bhutan](#),^{[5][6]} in office since 7 November 2018

Tshering was born on 10 May 1969,^{[9][10]} in a humble family. He hails from Dalukha village, Mewang Gewog, Thimphu.

He received his early education from Punakha High School and graduated from Sherubtse College. He graduated from Mymensingh Medical College under the University of Dhaka, Bangladesh and received a degree of MBBS in 2001. He completed his post-graduation in surgery from the Bangabandhu Sheikh Mujib Medical University in Dhaka, Bangladesh.^{[2][12]} In 2007, he studied Urology at the Medical College of Wisconsin, the USA, under his World Health Organisation fellowship. Upon his return to Bhutan, he was the only practicing trained urologist in his country. In 2010, he obtained a fellowship in Endourology at Singapore General Hospital, Singapore, and Okayama University, Japan.^[13] He received a Master of Business Administration degree from University of Canberra, Australia in 2014.^[13]

Tshering served as a consultant surgeon in JDWNRH and Mongar Regional Referral Hospital,^[15] and was also served as a consultant urologist in JDWNRH for 11 years.^[13]

After the payment of about Nu. 6.2 million to the Royal Civil Service Commission, he resigned from the JDWNRH as a urologist to join politics in 2013.



DR. M. GANESARATNAM MEMORIAL LECTURE 2022



Dr. M. Ganesaratnam Memorial Lecture 2022 was held on Monday, 05th December 2022 at 3.00pm at Hoover Auditorium, Faculty of Medicine, University of Jaffna. The title of the oration is "Surgery Beyond the Scalpel" by Dr. Satish Kumar Goonesinghe, President, The College of Surgeons of Sri Lanka and Consultant Urological Surgeon.

This lecture is held in memory of a great Sri Lankan surgeon who has made a major imprint in Sri Lankan surgery as an excellent teacher, dedicated surgical trainer, committed surgeon par excellence and a prominent national surgical leader. He occupies a special place in the minds of the people of Jaffna and the Northern Province as a dedicated surgeon who served them with utmost dedication during the most difficult times. He had his initial education at Royal College, Colombo and later moved to Jaffna with his parents and studied at St John's College. After entering the Faculty of Medicine, Peradeniya of the then University of Ceylon, he displayed his brilliant academic prowess with excellent results. After graduation, he sat for the primary FRCS and thereafter proceeded to the UK for his postgraduate studies. He obtained the Fellowship of the Royal College

of Surgeons of England – the FRCS in 1976.

Before coming to Jaffna in 1989, he served as a Consultant Surgeon in different parts of the country for 13 years. The late Dr Ganesaratnam worked and provided dedicated surgical services to the people tirelessly under difficult circumstances in Jaffna until 1995. He played a pivotal role in medical education during his tenure at Jaffna.

Thereafter moved to the National Hospital of Sri Lanka, Colombo in 1995, where he excelled in his work. His talents in hepato-biliary-pancreatic surgery and laparoscopic surgery are well known. He was an examiner on postgraduate surgical examinations and served as a member of the Board of Study in Medicine, Postgraduate Institute of Medicine, University of Colombo. Even though he moved to Jaffna he continued links with the University of Jaffna. During his tenure in Jaffna, he was appointed as a Visiting Lecturer in Anatomy and Surgery from 1990 to 1995. He was appointed a Visiting Professor in Surgery from 2004 to 2006. He served on the Council of

the University from 1992 to 1996. He led the vibrant Jaffna Medical Association as its President from 1992 to 1994.

He has published widely and has delivered the Kanagaratnam Memorial Oration on "Prevention of Illness" and the Sivapathasunderam Oration on "Injuries in Children" He led all Sri Lankan surgeons as the President of the College of Surgeons of Sri Lanka with dedication in 2007. During his tenure as the College President, he led many academic, professional and fund-raising initiatives of the College.

He practiced surgery with compassion and dedication into his retirement. Dr Ganesaratnam left us 5 years ago on 3rd October 2017.



DR. M. GANESARATNAM MEMORIAL LECTURE 2022



Remembering a Great Surgeon

College Publications

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Sri Lanka Surgical Bibliography

Please submit your publications to college bibliography page.

The screenshot shows the 'Submit your publication' page. At the top, there is a navigation bar with the College of Surgeons of Sri Lanka logo, the text 'The College of Surgeons of Sri Lanka', and links for 'Register' and 'Sign in to CSSL Bibliography'. Below this is a dark header with 'Surgical Bibliography' in large white text and 'Surgical Bibliography | Manage Your Publications' in smaller white text. The main content area has a heading 'Submit your publication' and a breadcrumb trail 'Submit your publication'. Below the heading, there is a paragraph: 'Please follow the following instructions to submit your publication.' followed by three numbered instructions: 1. Register as an author, 2. After registration, login and submit, and 3. Before submission, ensure you have the following information: a document to prove publication and compulsory information. At the bottom, there is contact information for the College of Surgeons of Sri Lanka and a 'Digital' logo.

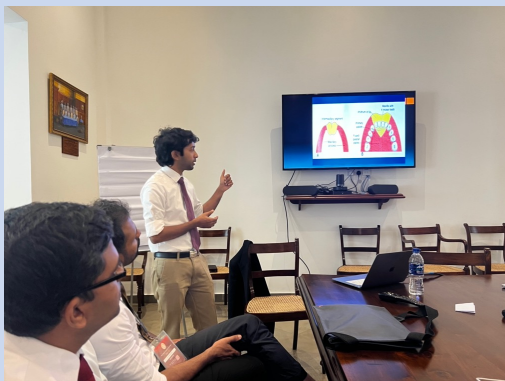
Search original work by Srilankan surgeons

The screenshot shows the search interface. It features a search bar at the top with a magnifying glass icon and a dropdown arrow. Below the search bar, there are several search criteria: 'Title contains' with a text input field, 'Authors contains' with a text input field, 'Surgical Specialty' with a dropdown menu, 'Surgical Subspecialty' with a dropdown menu, 'Surgical Subspecialty Topic' with a dropdown menu, and 'Publication' with a dropdown menu. At the bottom, there is a 'Search' button and a dropdown arrow next to the search bar.

SLSC 2022

A glimpse of an academic festival





Trainees night



A night to remember



College dinner @ Cinnamon Grand

SHO training workshop update.....



The College of Surgeons of Sri Lanka
In Collaboration
The Kurunegala Clinical Society
Presents

SKILLS TRAINING WORKSHOP FOR SENIOR HOUSE OFFICERS

16th December 2022 | 8.00 AM Onwards

At Auditorium, Teaching Hospital, Kurunegala



8.00 - 8.30	Registration
8.30 - 8.40	Introduction by Dr. Roshan Dassenaieke, Consultant Surgeon
8.40 - 8.50	Welcome address by Dr. Satish Goonesinghe, President CSSL
9.00 - 09.30	Principles of tissues handling by Dr. Gayan Ekanayake, Consultant Plastic Surgeon
09.30 - 10.30	Basics of skin suturing, followed by hands on practical session by Dr. Sellakuddy Selvaganesh, Consultant Plastic Surgeon
10.30 - 10.45	Tea break
10.45 - 11.45	Basics of bowel anastomoses followed by hands on practical session by Dr. Rasika Bulathsinghela, Consultant Gastro-Intestinal Surgeon
11.45 - 12.45	Basics of vascular anastomoses followed by hands on practical session by Dr. Buddhima Jayawickrema, Consultant Vascular & Transplant Surgeon
12.45 - 13.45	Basic principles of Laparotomy wound closure, followed by hands on practical session by Dr. Dhammika Sirisena, Consultant General Surgeon
13.45 - 14.30	The middle grade doctor, role of a surgical SHO (a talk on communication, patient relationships, teamwork, referrals/ transfers) by Dr. Sohan Perera Consultant Genito-Urinary Surgeon
14.30 - 14.45	Distribution of certificates and Vote of thanks by Secretary KCS

Please Register by sending whatsapp message to
Dr. Roshan Dassenaieke - 077 3 292 454



